



2015 BAHRS MEMBERS COMMON PRACTICE PSYCHOLOGICAL SCREENING AND REFERRAL



2015 BAHRS MEMBERS 'COMMON PRACTICE'

PSYCHOLOGICAL SCREENING AND REFERRAL

INTRODUCTION

The following summary of 2015 BAHRS Members 'Common Practice' was developed by Hair Transplant Surgeon members of the British Association of Hair Restoration Surgery (BAHRS) following the 7/2/15 meeting entitled "Follicular Unite Extraction (FUE) and the Psychology of Hair – Sharing Protocols and Establishing BAHRS Common Practice".

The items chosen for comparison in this third version represent a small cohort of questions regarding Hair Restoration Surgery Practice in the UK and are by no means exhaustive. Future versions will aim to widen the scope of coverage.

It should be specifically noted that being an 'outlier' from the 'Common Practice' does not necessarily imply poor or substandard practice. Indeed, there might be instances when the majority learn from the good practice of the minority and therefore the 'Common Practice' might evolve over time. However, documentation of 'Common Practice' allows Hair Transplant Surgeons in the UK (and around the world) to 'bench mark' themselves against the practice of the majority of BAHRS Hair Transplant Surgeon members.

WITH REGARDS TO PSYCHOLOGICAL SCREENING AND REFERRAL

THE MAJORITY OF BAHRS MEMBERS

- Do not routinely formally screen for Body Dysmorphic Disorder
- Do not routinely suggest to a patient that they see a psychologist if they suspect the patient is suffering from Body Dysmorphic Disorder
- Do not have a named psychologist to whom they refer patients directly to
- See <5 patients a year that they are concerned might be suffering from Body Dysmorphic Disorder



APPENDIX

The Working Group involved with compiling this version of BAHRS Members 'Common Practice' was comprised of the following:

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